

Individual Practice – Singles Challenge

This drill helps players improve their singles shot options by playing a phantom opponent whose first bowl effectiveness is exceptional

Basic Challenge:

- Play as a singles game – 21 shots up
- At the beginning of each end place the jack and the mat where you wish
- Your phantom opponent will only have two bowls. Place one a bowls width directly in front of the jack and the second a cover 1 mat length behind the jack
- Your aim on each end is to change the situation with the fours bowls you have to play
- **Record results of each game and note your progress** in improving your scoring options

Advanced Challenge:

- Place one bowl as a front toucher with the second one mat length behind

Sequence of Play

- Players choice to place jack and mat on each end

Equipment

- Mat
- 8 Bowls
- Jack

